

# Wasatch 3-style Tournament

Wasatch High School  
930 South 500 East  
Heber City, UT

**Pre-Registration Only:** [www.trackwrestling.com](http://www.trackwrestling.com) or [www.wrestleutah.com](http://www.wrestleutah.com)

- Must Pre-register before 4:00 pm MST on Thursday (2/25/10)
- Must have current USA Card

**Cost:** \$12 for any 1 style  
\$24 for any 2 styles  
\$24 for all 3 styles (3<sup>rd</sup> style is free)

**Weigh-ins:** Weigh-ins will be in remote locations and will be hosted by sanctioned clubs. Each club hosting a weigh in site will be responsible for posting the weigh in time (at least a half an hour segment between 5:00 and 8:00 PM on Thursday night). Contact Craig Lamont if you are hosting a weigh-in: [craig@telosrtc.com](mailto:craig@telosrtc.com)

\*We will be hosting a weigh-in at Wasatch High School in the wrestling room from 5:00-8:00 PM.

**Tournament Format:** All USA Wrestling Utah tournaments (except the state tournaments) will follow the Madison Block 4-man round robin format. There will be no pre-determined weights. Wrestlers will be put into groups of 4 based upon their weight and division. Each group will be assigned a mat for the tournament and wrestle each other until the bracket is complete. The brackets and mats will change for each of the different styles. We will also have staggered starts. See Tournament Schedule.

## Match/Period Times:

Greco: Best 2 out of 3, two minute periods, 30 sec. rest between periods, all ages.  
Freestyle: Best 2 out of 3, two minute periods, 30 sec. rest between periods, all ages.  
Folkstyle: Fly, Bantam, Intermediate 1-1-1. Novice and above 2-2-2.

10-minute rest time between matches will be honored if requested.

## TOURNAMENT SCHEDULE

**Friday** 5:00-5:15 PM Officials Meeting.  
5:15-5:30 Rules clinic.  
5:30-5:45 Coaches meeting.

Session I 6:00-7:30 **Greco Tournament:** Fly, Bantam, & Intermediate

Session II 7:30-Conclusion **Greco Tournament:** Novice, Schoolboy, Cadet, Junior, & Senior

**Saturday** 7:30-7:45 AM Officials Meeting.  
7:45-8:00 Rules clinic.  
8:00-8:15 Coaches meeting.

Session III 8:30-11:00 **Freestyle & Folk-style Tournaments:** Fly, Bantam, & Intermediate

Session IV 11:00-Conclusion **Freestyle & Folk-style Tournaments:** Nov, Sch/Boy, Cad, Jr, & Sr.

\*We will start with Freestyle and go immediately into the Folk-style tournament in each of the sessions when mats open up so make sure you are there at the beginning of the appropriate session.

**Tournament Director: Wade Discher**  
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