

# Wasatch Youth & Jr. High Open

Saturday, January 9<sup>th</sup> 2010

Wasatch High School

We will be running two separate tournaments back to back. Morning: 5<sup>th</sup>-Jr. High, Afternoon: Elementary Pre K- 4<sup>th</sup> grade. The purpose of these tournaments is to give each wrestler quality matches where they are not sitting in the gym all day waiting to wrestle. ALL WRESTLERS WILL RECEIVE A MEDAL. No League card required but recommended.

**Cost:** \$10

**Format:** Four man round-robin based on age and weight. All wrestlers in the 4 man bracket will wrestle each other and get 3 matches. All Wrestlers will receive a medal.

**Procedure:** The wrestlers' brackets are called to the staging area then sent to a mat. The entire bracket is wrestled and wrestlers will immediately pick up medals. Since 3-4 other brackets will be on the same mat, the wrestlers will have sufficient rest time.

## **Wrestlers will be divided by:**

Grade: Will try to keep grades together, but will only move one grade if needed.

Exception: Jr. High: 7<sup>th</sup> grader could wrestle a 9<sup>th</sup> grader

Weight: The wrestlers do not need to make a specific weight.

The wrestler will be put into a group of four wrestlers that weigh approximately the same weight. (not to exceed 5 lbs. difference in smaller wrestlers & 10 lbs in larger wrestlers) Exception: Parent/Coach approval

Ability: (**5<sup>th</sup>-Jr. High Only**) When possible we will try and separate the advanced and the beginner wrestler. Coaches need to determine the ability/skill of their wrestler on a scale of 1-5 (1 being a low skill/ability wrestler and 5 being a high skill/ability wrestler).

## **5<sup>th</sup>-Jr. High Grade**

Weigh-ins: Thursday or Friday only, at own site by the wrestling coach

Email weights to: [wade.discher@wasatch.edu](mailto:wade.discher@wasatch.edu)

Must email by 6:30 pm, Friday

Check-in & Pay 8:00-9:00

Wrestling Begins: 9:30 am

## **PreK-4<sup>th</sup>**

Weigh-ins: Thursday or Friday only, at own site by the wrestling coach

Email weights to: [wade.discher@wasatch.edu](mailto:wade.discher@wasatch.edu)

Must email by 6:30 pm, Friday

Check-in & Pay by 11:30

Wrestling Begins: 12:30 am

**Include on email: Use the excel file. Include Name, School, Gr., Wt., & ability/skill level**

**Questions:** [wade.discher@wasatch.edu](mailto:wade.discher@wasatch.edu) or 435-654-0640 (ext. 3790)